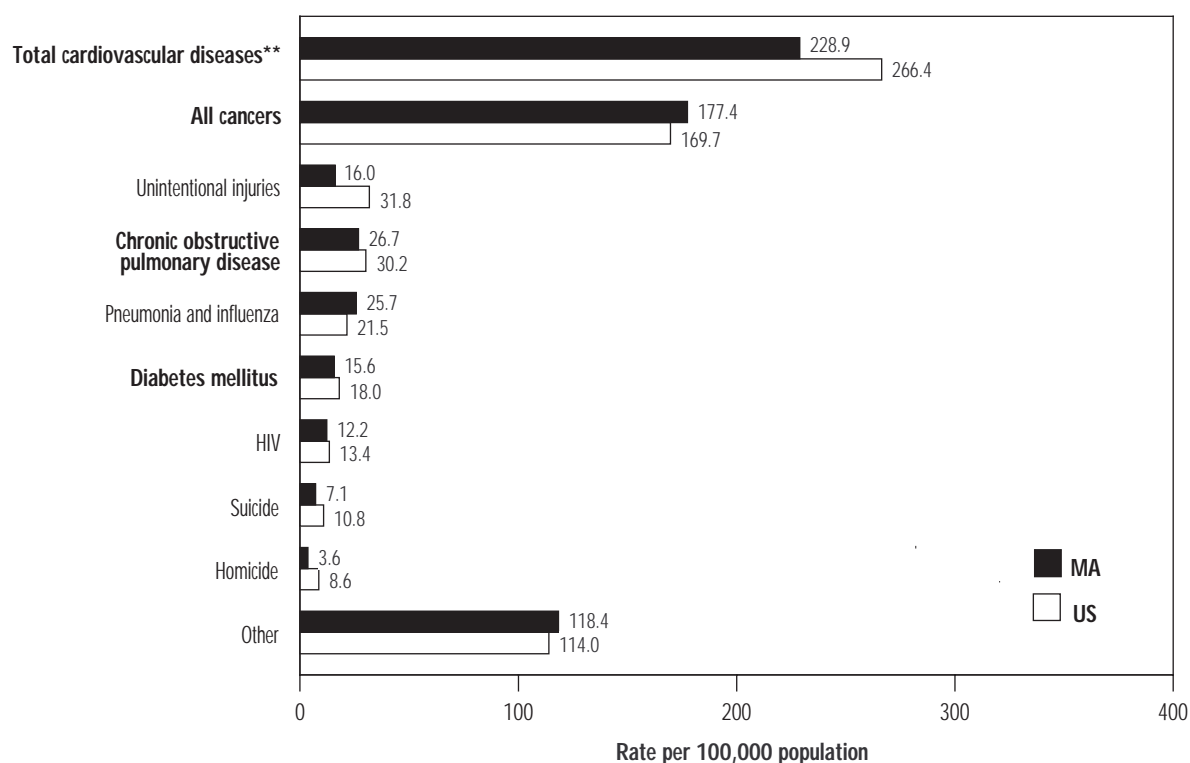


Massachusetts: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Massachusetts, all cancers are the second most common cause, chronic obstructive pulmonary disease is third, and diabetes is sixth.
- In 1995, 71% of all deaths in Massachusetts were due to the four most common chronic disease causes of death.
- The death rate for all cancers was higher in Massachusetts than in the United States; the death rates for total cardiovascular diseases, chronic obstructive pulmonary disease, and diabetes were lower.

Causes of Death, Massachusetts Compared With United States, 1995*



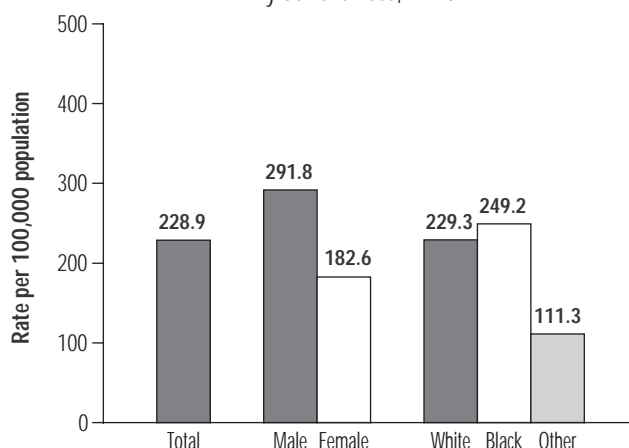
*All data are age adjusted, 1970 total U.S. population.

**Total cardiovascular disease death rates include rates of death due to ischemic heart disease (117.1 per 100,000 in Massachusetts and 135.2 per 100,000 in the United States) and rates of death due to stroke (34.4 per 100,000 in Massachusetts and 42.5 per 100,000 in the United States).

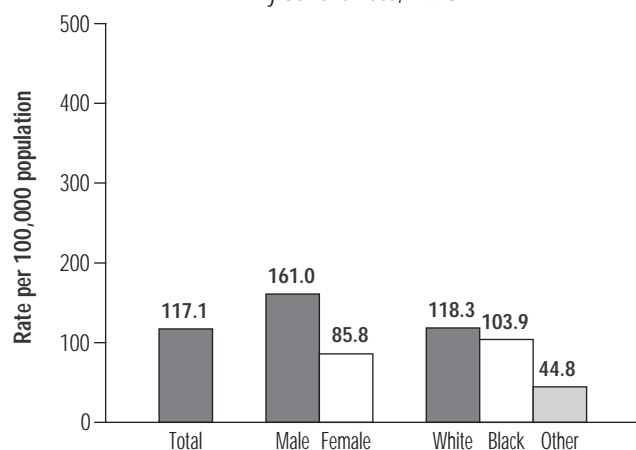
Massachusetts: Cardiovascular Diseases

- Total cardiovascular diseases are the most common cause of death in Massachusetts, accounting for 36% of all deaths.
- Ischemic heart disease accounted for 51% of all cardiovascular disease deaths in Massachusetts in 1995; 10,835 people in Massachusetts died of ischemic heart disease.
- In 1995, 3,459 people in Massachusetts died of stroke.

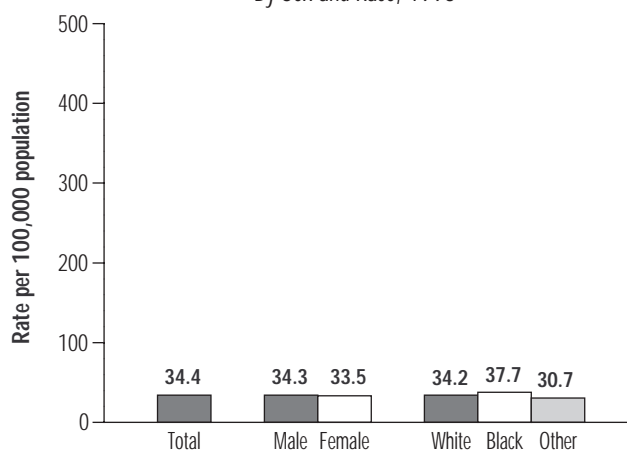
Massachusetts: Total Cardiovascular Disease Death Rates
By Sex and Race, 1995



Massachusetts: Ischemic Heart Disease Death Rates
By Sex and Race, 1995



Massachusetts: Stroke Death Rates
By Sex and Race, 1995



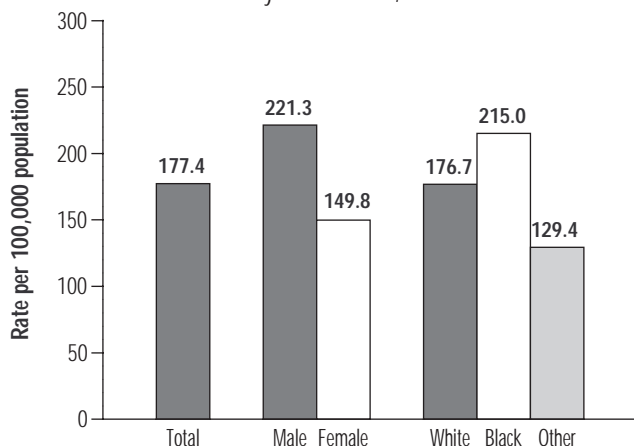
Note: All data are age adjusted, 1970 total U.S. population.

Massachusetts: Cancer

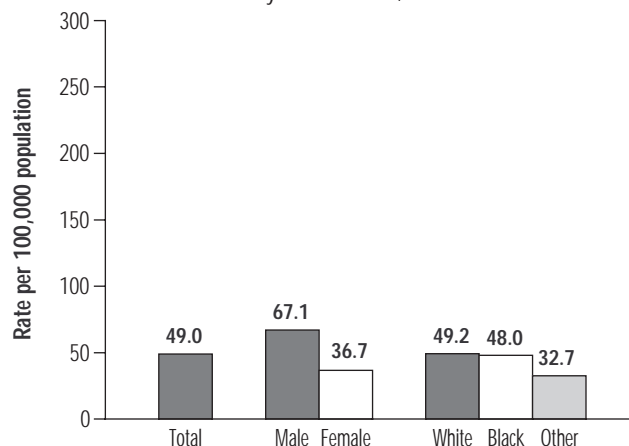
- Cancer accounted for 28% of all deaths in Massachusetts in 1995; 14,083 people in Massachusetts died of cancer.
- In Massachusetts in 1995, 3,705 people died of lung cancer, 1,674 people died of colorectal cancer, and 1,236 women died of breast cancer.

- The American Cancer Society estimates that 4,200 new cases of lung cancer, 4,600 new cases of colorectal cancer, and 3,900 new cases of breast cancer will be diagnosed in Massachusetts in 1997.

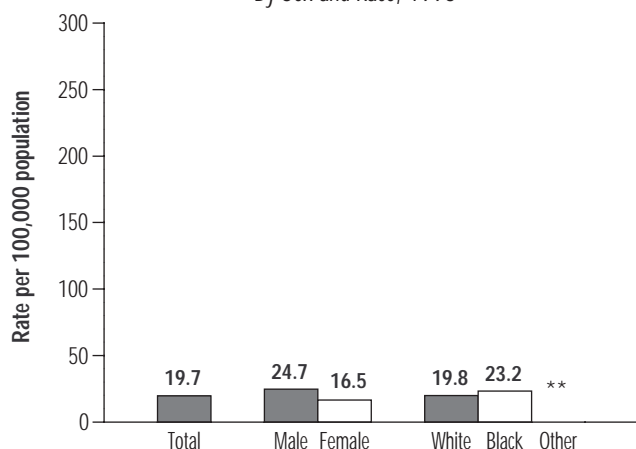
Massachusetts: All Cancer Death Rates
By Sex and Race, 1995



Massachusetts: Lung Cancer Death Rates
By Sex and Race, 1995

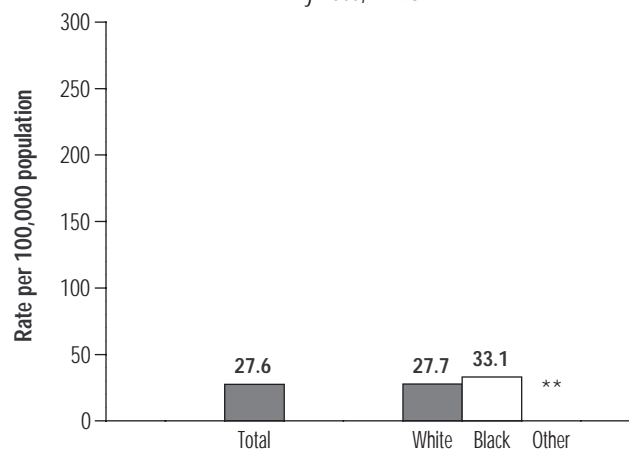


Massachusetts: Colorectal Cancer Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

Massachusetts: Breast Cancer Death Rates Among Women
By Race, 1995

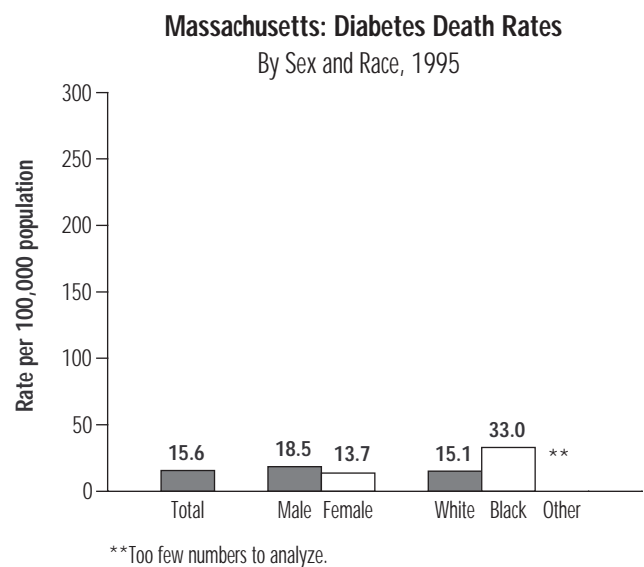


**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

Massachusetts: Diabetes

- In 1994, 186,381 adults in Massachusetts had diagnosed diabetes.
- Diabetes was the underlying cause of 1,326 deaths in Massachusetts in 1995.
- In 1993, diabetes was the most common contributing cause of 369 new cases of end-stage kidney disease in Massachusetts.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

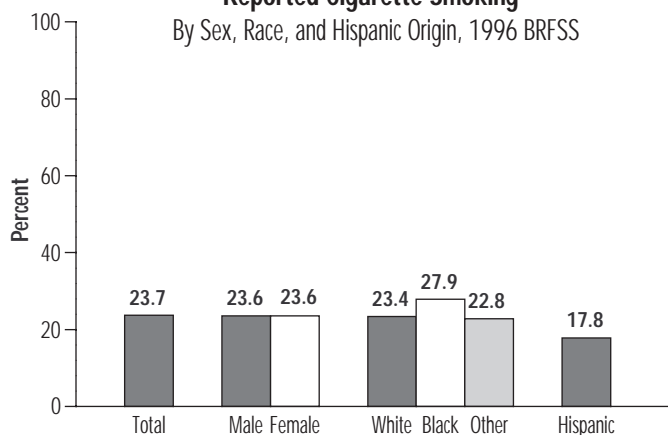


Note: All data are age adjusted, 1970 total U.S. population.

Massachusetts: Risk Factors

Massachusetts: Percentage of Adults Who Reported Cigarette Smoking*

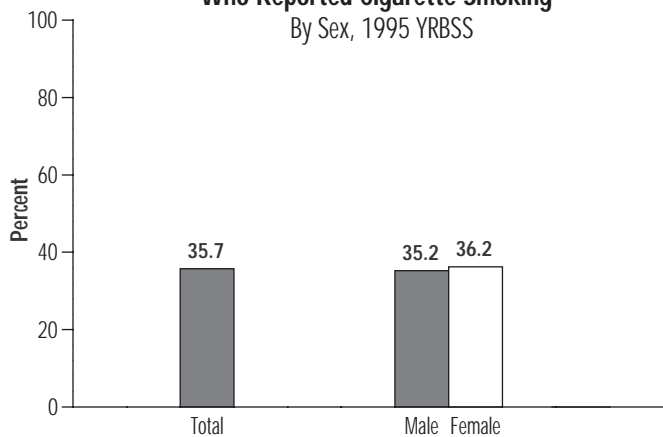
By Sex, Race, and Hispanic Origin, 1996 BRFSS



*Ever smoked at least 100 cigarettes and now smoke every day or some days.

Massachusetts: Percentage of High School Students Who Reported Cigarette Smoking*

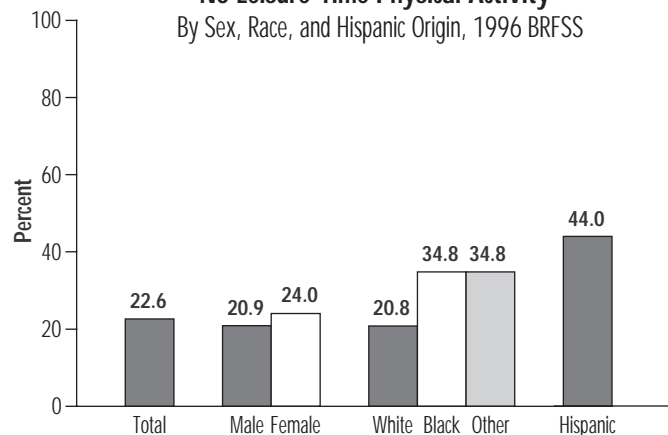
By Sex, 1995 YRBSS



*Smoked cigarettes on 1 or more of the 30 days preceding the survey.

Massachusetts: Percentage of Adults Who Reported No Leisure-Time Physical Activity*

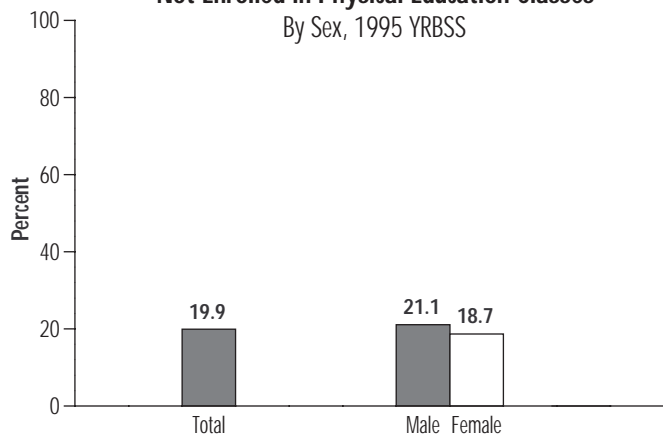
By Sex, Race, and Hispanic Origin, 1996 BRFSS



*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

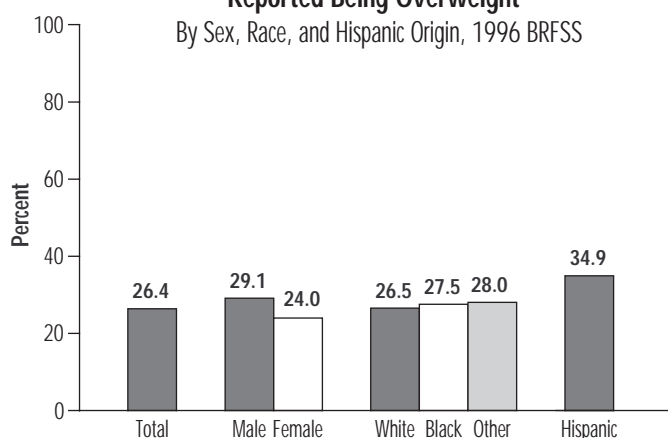
Massachusetts: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS



Massachusetts: Percentage of Adults Who Reported Being Overweight*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



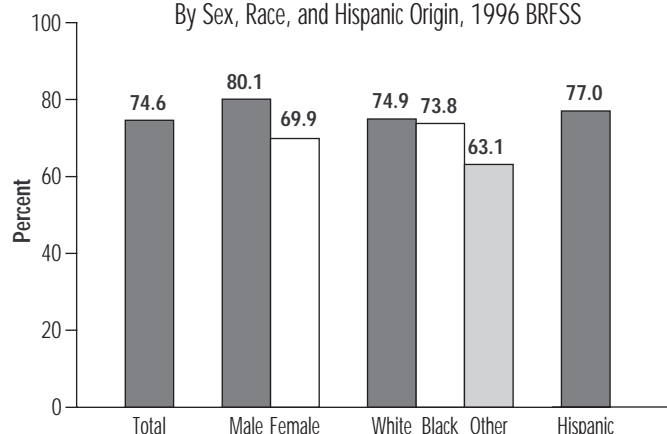
*Body mass index ≥ 27.8 kg/m² for men and ≥ 27.3 kg/m² for women.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

Massachusetts: Risk Factors

Massachusetts: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day

By Sex, Race, and Hispanic Origin, 1996 BRFSS



Massachusetts: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey

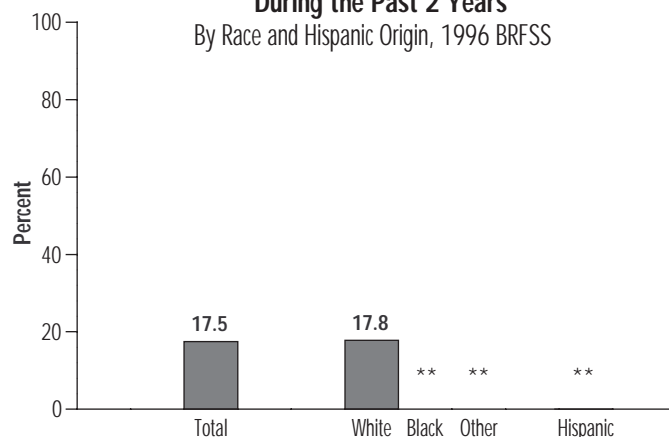
By Sex, 1995 YRBSS

YRBSS data not available

Massachusetts: Preventive Services

Massachusetts: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years

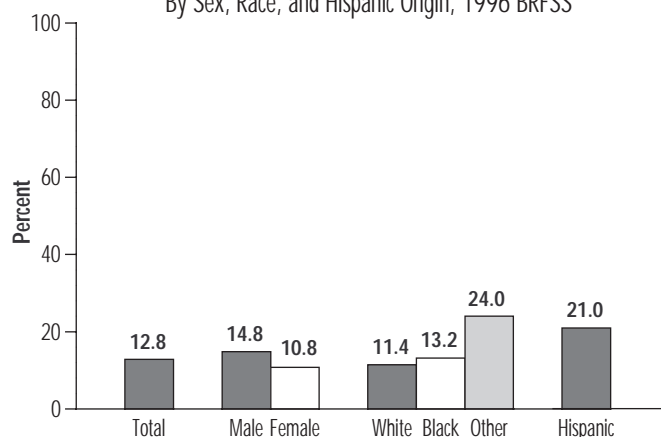
By Race and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Massachusetts: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance

By Sex, Race, and Hispanic Origin, 1996 BRFSS



Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.